



Morning Starr No-Kill Animal Sanctuary

an all-volunteer 501(c)(3) organization

September/October

2011

Newsletter



HOW OUR PETS REDUCE STRESS & ANXIETY

Our pets can be a great way to reduce our every day stress and anxiety. It is not easy to deal with our fears and anxieties. Spending time with animals can makes us feel better. Here are some ways our animals can help us to cope with our fears, anxieties, and stresses.

Spending time with animals gives us companionship. Whether you have a pet or spend time with a friends animal, spending time with an animal can help us to feel better. Also many people talk to their pets and this can help us get their problems out in the open. Animals can be good company to all of us and can prevent the fear of being alone.

Helping animals through community service can be a great way to overcome our anxieties. There are many animals out there who could benefit from your time and talents. Doing something that will help your pet or other animals can give you a source of pride and accomplishment and also can lead to possible friendships with others. Take your neighbors dog for a walk when they can't, or offer to brush your neighbors horse! Fun!

Sitting around and accomplishing nothing will not make things better. Whether its dealing with the fear of being alone or something else. Animals can help us to be active and to focus our energies on working with them instead of worrying about things that may or may not happen. This will prevent us from worrying about our current situation.

One of the ways to manage stress is to challenge your negative thinking with positive thoughts. Animals can help us to relax and help us to focus on the good things in our lives. This will help us to focus positively on any situation. Playing with animals can help reduce our fears and anxieties in any situation.

Animals can get our minds off our problems. A person could do an activity with their pet or other animals that will give them a fresh perspective on things. Spending time with animals will get your mind off of the problem and give you the energy to do other things. Most importantly, playing with animals will give you the self-confidence that you can cope and that you can get through the day.

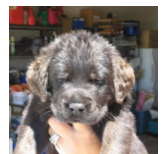
Remember that there are many ways that animals can reduce the stresses of our every day life. The next time you feel stressed, spend some time with your pet or other animals and you will be better able to cope with your worries.

Animals Rule!



ALL PUPPIES ADOPTED!!!

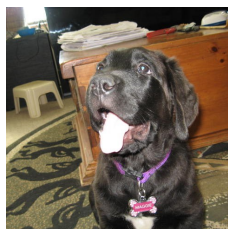
The 8 Lab mix, miracle puppies that were bottle fed from 3 days old have all been adopted and have the greatest homes ever!! They are a little over 4 months old now. Their new families tell me they are so sweet and the best puppies ever. I am in touch with all of them and the pictures they send are beautiful. Each so special in their own way. News is coming in that they are being spayed and neutered. We are ready to help! Hope you heal up soon! Keep those pictures coming in and all the great updates of their progress. Share those puppy stories cause we love to hear them!





MAGGIES CORNER

For all of you with new puppies here are some helpful hints that I have learned while raising Maggie. Her biting and chewing on humans has almost stopped completely. When she chews or bites something that is not for dogs, like my books or my hand!! I touch her with a claw hand and then offer her a bully stick or toy to distract her. At the same time I touch her I use a short TSSSS sound. Her attention span is short and she just starts to chew the stick or play with the toy forgetting the object be it human or otherwise. Maggie has started puppy classes to help with her socialization. Our homework is to take her to as many places as possible to let her experience different people, i.e. children, men, women and also different feelings under her feet, like grass, dirt, cement and stones. She is very used to our other dogs but it is important to go to the class so she can meet other puppies too. Never punish your puppy but you can discipline them with a calm assertive posture. Use less sounds, such as yelling and more touch and showing them what you want. Never hit your dog. They don't understand this at all. Maggie is around 4 months old now and is spayed and has all her shots. My place looks like a daycare center with all the toys which I pick up at garage sales for her. Stay tuned for more of Maggie's progress.



COLIC IN HORSES



Wyatt, one of our very senior horses, 30+ yrs. was showing signs of colic one morning. He has been at the Sanctuary for 9 years and never had colic. He did not want to eat and was bit-

ing at his stomach. He would lie down not want to get up. He was very listless and looked a little dehydrated. I did not let him out to pasture that morning. He spent most of the morning standing over his water bowl but did not drink. I tried to offer him his favorite treats, but no go.

I drove to the vets office and described his symptoms and asked what to do. The vet said to take away all the food so his stomach could settle. He gave me a tube of electrolytes and a tube of banamine. If he did not come around soon the vet would come out but told me to try these things first. I gave him the electrolytes. I cleaned out his trough from any food that was left. Then I gave him the banamine. It took about an hour but he started to drink. I did not give him any food right away but instead put him out to pasture with his buddies. I fed him his feed in the evening and he seemed to be eating and drinking normally. PHEW! Colic is never fun to deal with but it can be managed.

GRANT WRITERS

We could really use someone who knows how to write some grants. We are wanting to get some grants for Spay Neuter Programs in order to give more help to the community. If we can raise funds for the Spay Neuter Program then that would give us more funds to spend on our Feed Assistance Program and we could start a Vet Bill Assistance Program too. Right now the Spay Neuter Program is costing around \$700 each month. We are willing to work with other groups to try and ask for funding together. Contact us at 928-821-2420.



WE CAN HELP!



Morning Starr Animal Sanctuary is focused on helping people to keep their pets in their home. This will ease the number of animals that have to be given up to shelters. We will help with our food assistant program. We can give temporary help with animal feed of any kind. If you need help with a bag of cat, dog, ferret, horse feed, etc., please let us know. If you know of someone who may need assistance please let them know about us. Just give us a call at 928 821 2420 and we will get back to you and get all the info we need to help out.

No Animal Should Go Hungry!!!

Lori is not well and is now having to move from her present location. She has a large bunny, chicken or really any small animal pen that she would love to give to anyone who can pick it up. She also has 4 bunnies for adoption to good homes. For more information please contact Lori @ 928-592-8153. These are not Morning Starr animals but we are trying to help find them homes through this ad.



There is a cool way to raise money, every time you shop online or search the web, and I think you should check it out:

www.iGive.com/MSAS
&
www.iSearchiGive.com

Use iGive.com to raise money for Morning Starr Animal Sanctuary, every time you shop online at any of their 713 participating stores. And search the web through **iSearchiGive.com**

a new search engine powered by Yahoo!, and raise a penny or more for us every time. Guess what, even window shopping can help! When you visit online stores each visit counts as an entry in their \$50,000 Surfathon sweepstakes where you can win a prize for your cause! They're giving away \$1000 in prizes, every month through the end of the year! I hope you'll join for more chances to win - just create your free iGive account and check out their stores.

www.igive.com/MSAS

Join iGive.com to support Morning Starr. It's free, safe, and easy to join.

\$333.01 raised so far!

Be Humane



Neuter or Spay

The SNAP counter

This is a running total of how many dogs and cats we have spayed and neutered with our Spay Neuter Assistance Program, thanks to you!

Dogs & Cats 198

DETAILS OF OUR SNAP PROGRAM

If you need assistance to spay or neuter your pet, we can help you with our Spay Neuter Assistance Program (SNAP)! Morning Starr will pay \$\$ towards your spay/neuter vet bill:

Cat neuter \$30
Dog neuter \$50

Cat spay \$40
Dog spay \$60



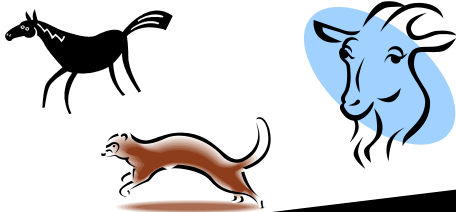
Seniors over 65 years are assisted with a slightly higher amount.

**Morning Starr
No-Kill Animal Sanctuary**

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Tax I.D. # 86-1031301**

**Check out our adoptable animals at:
<http://morningstarr.petfinder.com>**



Explore our website:
www.morningstarr.org
Click on adoptions and
find your new best friend

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We feel privileged to support Morning Starr.

Thank You!

**Morning Starr converts coins into
dollars and dollars into funds that save
precious lives.**

We are an all-volunteer organization.

Enclosed is my tax deductible contribution of:

\$15 _____ \$25 _____
\$50 _____ \$75 _____
\$100 _____ Spay/Neuter Fund \$ _____

Name _____

Address _____

Phone _____ email _____

Please give generously.

Thank you in advance for your generous gift.



Help! We Always Need Lots Of Stuff!



- **Alfalfa Hay** or any other feed may be purchased at Olsen's Grain. If you leave your name and address, a tax receipt will be sent to you. Call Olsen's at 928-649-3900 they know exactly what we need.
- Halters, lead ropes, new or used.
- **Lots of Equine Sr. for the Sr. horses.**
- **Corral Panels**
- Timothy hay for rabbits.
- \$\$\$\$\$\$
- **Horse corral panels**
- Surgical bandages and equipment.
- Ferret pine pellet litter (must be wood pellets).
- Ferret Hammocks and baby blankets, litter boxes (small), ferretvite.
- **STRAW**
- **Equine Senior**
- Goat Cob, sweet feed.
- Donate to our spay/neuter fund!
- **Grant Writer**

We need corral panels! Anyone who has any, old, new, rusty, it does not matter. Will pick up.



**We are a 501(c)(3)
all-volunteer organization.
All contributions are
tax deductible.**

Tax I. D. #86-1031301

**Little donations add up
to big miracles!**



**PLEASE
SPAY/NEUTER
YOUR PET
HELP KEEP THE
PET
POPULATION
DOWN!**

**DONATE TO OUR
SPAY/NEUTER
FUND**

No more homeless pets